

# Professional Development Catalog

Focus or Product Area	Course Title and Delivery Method	Description	Intended for
<p><b>Social Emotional Learning</b></p>	<p><b>CASEL Overview</b></p> <p><b>Duration:</b> 45-60 minutes</p> <p><b>Location:</b> Zoom Asynchronous recording available</p>	<p>Gain understanding of the CASEL competencies, learn to observe behaviors in the classroom, and discover how to assess your students using the SEL Teacher Screener. Perfect for educators seeking practical insights, this professional development session will equip you with valuable tools for understanding and evaluating Social-Emotional Learning in your classroom.</p>	<p>Educators</p>
<p><b>Social Emotional Learning</b></p>	<p><b>CASEL Framework Series (3 PD Topics)</b></p> <p><b>Duration:</b> 45-60 minutes</p> <p><b>Location:</b> Zoom Asynchronous recording available</p>	<p>Discover the CASEL competencies, understand their meanings, and explore practical ways to teach and practice their sub-skills. Dive into Self-Awareness, Self-Management, Social Awareness, Relationship Skills, and Responsible Decision-Making. This professional development opportunity is designed to provide you with practical knowledge and strategies for integrating these components into your teaching approach. 3-part series: 1. Self-Awareness &amp; Self Management, 2. Social Awareness &amp; Relationship Skills 3. Responsible Decision-Making</p>	<p>Educators</p>

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<b>Social Emotional Learning</b>	<p><b>Finding time for SEL:</b> Embedding SEL in the core subjects</p> <p><b>Duration:</b> 45-60 minutes</p> <p><b>Location:</b> Zoom Asynchronous recording available</p>	<p>Do your teachers find it hard to include Social-Emotional Learning (SEL) in their daily lessons? If yes, this training is perfect for district leaders like you. Learn simple ways to add SEL to the subjects already taught every day. Improve your leadership skills and help your teachers create a well-rounded learning environment.</p>	District Leaders
<b>Skills</b>	<p><b>How does Satchel Pulse work?</b> A deep dive into the Universal Screening tool</p> <p><b>Duration:</b> 45-60 minutes</p> <p><b>Location:</b> Zoom Asynchronous recording available</p>	<p>Interested in delving deeper into the data collected through the Satchel Pulse Screener and Assessment? Enroll today to uncover the reasons and methods behind this Universal Screening tool. Gain valuable insights and enhance your understanding of the assessment process.</p>	District Leaders, School Admin, Educators
<b>School Culture</b>	<p><b>Making the classroom everybody's happy place:</b> Practices that promote a safe &amp; positive learning environment</p> <p><b>Duration:</b> 45-60 minutes</p> <p><b>Location:</b> Zoom Asynchronous recording available</p>	<p>One of the initial factors influencing classroom management is establishing a safe and positive learning environment for every student. Get practical tips on how to construct this positive atmosphere in your classroom.</p>	Educators

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<p><b>Social Emotional Learning</b></p>	<p><b>SEL to the rescue:</b> Powerful practices that support social &amp; emotional growth for staff <b>Duration:</b> 45-60 minutes <b>Location:</b> Zoom Asynchronous recording available</p>	<p>SEL growth begins with YOU. Prioritize meeting your own needs before tending to others. Familiarize yourself with SELf care practices and discover small adjustments you can make in your own life to enhance your social and emotional growth. By becoming the best version of yourself, you can better support your students.</p>	<p>District Leaders, School Admin, Educators</p>
<p><b>School Culture, Social Emotional Learning</b></p>	<p><b>Like peas &amp; carrots:</b> How SEL transformations feed into improved culture &amp; climate <b>Duration:</b> 45-60 minutes <b>Location:</b> ZoomAsynchronous recording available</p>	<p>A positive school climate and SEL skills go hand-in-hand. Dive into a range of activities designed to enhance students' social and emotional learning while also nurturing positive relationships and environments.</p>	<p>School Admin, Educators</p>

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<p><b>Social Emotional Learning</b></p>	<p><b>Painless SEL:</b> Small tweaks that make a big difference in promoting SEL in the classroom  <b>Duration:</b> 45-60 minutes  <b>Location:</b> Zoom                      Asynchronous recording available</p>	<p>Are you facing challenges with student engagement or fostering kindness? Are you seeking effective classroom management strategies? Join this professional development session to explore CASEL subskills in-depth and discover best practices for enhancing your overall classroom environment. Topics include improving impulse control, making teamwork effective, helping students set and achieve goals, managing stress, engaging learners with self-discipline strategies, promoting respect, and much more! Dive into practical solutions to elevate your classroom dynamics.</p>	<p>Educators</p>
<p><b>Social Emotional Learning</b></p>	<p><b>Talking to parents about SEL:</b> Building a strong home/school SEL partnership  <b>Duration:</b> 45-60 minutes  <b>Location:</b> Zoom                      Asynchronous recording available</p>	<p>Unlock the potential of communication between home and school by engaging parents in supporting the social and emotional skills of their children. Explore effective techniques and talking points to encourage parents to actively contribute to their child's holistic growth. Equip yourself with strategies that challenge parents to play a vital role in their child's overall development.</p>	<p>School Admin, Educators</p>

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Social Emotional Learning	<p><b>Teaching with Empathy</b></p> <p><b>Duration:</b> 45-60 minutes</p> <p><b>Location:</b> Zoom</p> <p>Asynchronous recording available</p>	Gain insight into the value of empathy in teaching and its role in fostering a positive learning environment. Gain practical tips on seamlessly integrating empathy into your teaching approach, with the added advantage of increased student engagement. Explore the benefits of developing empathy in the educational setting.	Educators
School Culture	<p><b>Setting the Stage: Building Strong Home/School Connections &amp; Positive Communication</b></p> <p><b>Duration:</b> 45-60 minutes</p> <p><b>Location:</b> Zoom</p> <p>Asynchronous recording available</p>	Delve into the home/school connection, uncover strategies for nurturing positive relationships, and recognize the crucial role of effective communication. Get valuable insights into practical techniques that can be implemented throughout the school year.	School Admin, Educators
Social Emotional Learning	<p><b>Giving Yourself the Gift of Self-Care</b></p> <p><b>Duration:</b> 45-60 minutes</p> <p><b>Location:</b> Zoom</p> <p>Asynchronous recording available</p>	Understand what self-care truly means and what it doesn't. Explore the importance of self-care in education. Learn simple steps to incorporate self-care strategies into your daily routine. Reflect on the difference between prioritizing self-care proactively and reactively.	School Admin, Educators

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School Culture	<p><b>Setting a Respectful Class Culture</b></p> <p><b>Duration:</b> 45-60 minutes <b>Location:</b> Zoom Asynchronous recording available</p>	<p>Discover effective strategies for fostering a classroom culture where students feel respected and comfortable participating. Explore a range of resources, including videos, tips, lesson ideas, and additional tools to support your efforts in creating an inclusive and supportive learning environment.</p>	Educators
Social Emotional Learning	<p><b>Hosting a Productive Circle</b></p> <p><b>Duration:</b> 45-60 minutes <b>Location:</b> Zoom Asynchronous recording available</p>	<p>Discover the advantages of circle discussions in building community and serving both academic and life skill purposes. Gain insights into the benefits and steps required to implement a circle practice in your classroom.</p>	Educators
Classroom Management	<p><b>Classroom Management</b></p> <p><b>Duration:</b> 45-60 minutes <b>Location:</b> Zoom Asynchronous recording available</p>	<p>Explore the elements of classroom management, gaining an understanding of the characteristics associated with positive strategies. Participate in discussions focused on tips and techniques designed to elevate your overall classroom management skills.</p>	Educators

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Social Emotional Learning	<p><b>Stress Management:</b> Supporting Students and Ourselves</p> <p><b>Duration:</b> 45-60 minutes</p> <p><b>Location:</b> Zoom Asynchronous recording available</p>	Delve into the CASEL Stress Management subskill. Reflect on your own stress management practices with a focus on adult stress management. Recognize student behaviors that may arise in a classroom with insufficient stress management. Gain insights into teaching students about stress management and guiding them in applying this skill in their lives.	School Admin, Educators
Social Emotional Learning	<p><b>Engagement Strategies:</b> Tips on Engaging All Learners</p> <p><b>Duration:</b> 45-60 minutes</p> <p><b>Location:</b> Zoom Asynchronous recording available</p>	Take a moment to reflect on your understanding of engagement. Define both student engagement and empowerment. Analyze diversity and put the key principles of Universal Design for Learning (UDL) into practice. Dive into student-centered instructional approaches and smoothly transition from engagement to empowerment.	Educators
Differentiation	<p><b>Differentiation</b></p> <p><b>Duration:</b> 45-60 minutes</p> <p><b>Location:</b> Zoom Asynchronous recording available</p>	Dive into the roots of differentiation. Learn what it is and what it isn't. Join discussions on how to customize learning for your students while exploring helpful resources to assist you in incorporating differentiation into your teaching.	Educators